

Feeding Information

Please bring the following to the assessment:

- Pictures of the child from birth, at approximately 6-month intervals (this helps the clinician see if there are changes to the musculature over time)
- A video of the child feeding
- Adaptive seating if utilized at home
- The utensils the child uses for mealtime
- A variety of food textures and tastes including: purees for spoon feeding, crunchy solids, chewy solids, and liquids
- At least 2 preferred and 2 nonpreferred items

Examples of foods include:

Breast or Bottle	Breast milk, formula, milk
Puree and/or spoon feeding	Applesauce, pudding, mashed potatoes, baby food, sorbet, jello, yogurt
Crunchy solids	Chips, thin pretzels, apple slices, thin raw carrots, veggie sticks, cheese doodles,
Chewy solids	Fruit leather, twizzlers, bagels, sandwiches, chicken or meat
Strips	Waffles, French toast, chicken tenders, French fries, grilled cheese sandwiches
Thickener	Simply thick, rice cereal
Liquid	High taste juices such as lemonade or cranberry juice, apple juice, seltzer water, bottled water